



YMCA OF GREATER CHARLOTTE

YOUTH PROGRAMS WELLNESS POLICY

For the safety and well-being of all children and staff, the following health and wellness guidelines will be strictly enforced. Please be considerate and do not send your child to programs when they are sick. If a child develops symptoms of illness while in our care, parents will be notified and will need to pick up their child immediately. If a parent cannot be reached, the staff will call emergency numbers listed on the child's registration form.

If a child develops the following symptoms, they will be sent home immediately: fever, cough, shortness of breath, chills, new loss of taste or smell.

Children who have a fever 100.4 degrees or higher will not be allowed to stay in youth programs. Children must be fever-free without fever reducing medication for 24 hours before returning to programs.

Children who have the following symptoms should remain at home until they are symptom free for 24 hours without the use of medication or unless a written note from the child's physician is provided, stating that their symptoms are not contagious:

Continuous and/or colored nasal drainage. A current note from a physician can be provided if drainage is caused by an allergy.

Diarrhea. Child cannot have more than two loose stools in a 24 hour period.

Vomiting within a 24 hour period.

Communicable diseases. Examples include, but are not limited to, pink eye, head lice, skin rash, and strep throat.

Staff will notify parents to pick up children when any of the following conditions exist:

1. The child displays any of the symptoms above.
2. The illness prevents the child from participating comfortably in program activities.
3. The illness results in a greater need than the YMCA staff can provide without compromising the health and safety of the other children.